**Health and Safety Policy**

It is my policy to promote and ensure the good Health and Safety of children in my care in line with the requirements laid out in the EYFS Framework, by the Health and Safety Executive and department for Education COVID-19 guidance.

**Safety and suitability of premises, environment, and equipment**

I operate an arrival and departure routine to ensure social distancing measures are followed. You will be asked to drop off and collect your child at a mutually agreed designated time and to stand in the agreed area outside my setting.

Parents will not be invited into the setting unless there is a specific need. However, if you need to speak to me, we can arrange a mutually suitable time and method. Please contact me on 07969 794881 to arrange.

In order to ensure children’s safety in my setting I have stair gates fitted which are regularly checked to ensure they are in good repair. A risk assessment will be carried out every morning before any children arrive to ensure that the environment is safe.

My smoke alarms are tested regularly, and fire drills are carried out and recorded. I have a fire blanket in my kitchen and the children are aware of my emergency evacuation procedure. (See Evacuation Policy).

My premises are secure to ensure children’s safety and prevent intruders and I have a procedure for checking identity of essential visitors.

All visitors must wear face coverings, sanitise their hands and on entry and during the visit.

Any children that are sleeping will be monitored and checked regularly. A monitor will also be used.

I do not permit smoking anywhere on my premises.

All equipment used in my childminding business is regularly checked for damage and wear and tear and will be replaced when necessary, for example high chairs, buggies, cots. All toys will be checked and cleaned regularly to ensure their safety and cleanliness to ensure that hygiene is maintained in my setting.

I will restrain your child if they are putting themselves or others in danger. For example; running into a road. If this does occur it will be recorded in my accident /incident book and you will be asked to sign the document to say that you have been informed.

My car is regularly serviced and has an up-to-date MOT and is insured for business use.

**Health**

I encourage children to learn about good hygiene by promoting regular hand washing and not to touch mouth, eyes and nose where possible. I have a hand washing procedure where children will be supported to wash their hands, on arrival at the setting, after coughing or sneezing, before eating or any individual food preparation, after touching any pets, after using the toilet.

I promote good oral health by promoting healthy eating to the children and reducing the consumption of food and drink that contain high levels of sugars. I work alongside parents to promote the importance of cleaning teeth and the child is visiting a dentist on a regular basis. I support this by offering the option for children to clean their teeth after their lunch time meal.

Bins will be regularly emptied and cleaned.

I will ensure good ventilation by opening windows.

When providing meals and snacks children are encouraged to make healthy choices and the benefits of an active lifestyle are promoted, e.g. access to outdoor play daily. I am aware of the chief Medical Officers guidance on physical activity.

Regular disinfecting or all surfaces such as kitchen work tops, doors, door handles, tables take place following government guidelines.

I have registered with my local Environment Health Department and ensure correct storage; hygiene of food preparation areas and preparation food procedures are carried out.

I hold a basic food hygiene certificate and I use the Safer food, better business for childminders pack.

All areas accessible to children, including toys, play mats, and equipment are regularly cleaned, disinfected, and checked for damage.

Personal protective equipment will be used in the following situations: vomit, diarrhea, or if a child becomes unwell with symptoms of COVID-19 while in the setting.